

Long Term Services and Supports (LTSS) Benefits



What are Long Term Services and Supports (LTSS)?

- Long Term Services and Supports (LTSS) are services and supports for persons with chronic illnesses/functional limitations which have the primary purpose of supporting the person's ability to live or work in the setting of his/her choice.

Examples include:

- Assistance with bathing.
 - Assistance with dressing and other basic activities of daily life.
 - Support for everyday tasks such as laundry, shopping, and transportation.
- Managed Long Term Services and Supports (MLTSS) refers to the delivery of long term services and supports through capitated Medicaid managed care programs.
 - Increasing numbers of states are using MLTSS as a strategy for expanding home- and community-based services, promoting community inclusion, ensuring quality and increasing efficiency.

What are Medicaid Waivers?

Waivers are state specific Medicaid programs that allow for the Long Term Services and Supports to be provided outside of nursing homes. Waivers are also referred to as:

- 1915 waivers (for the Social Security Act)
- Home and community based services (HCBS) waivers
- Waiver services
- Waiver programs
- And by any number of other state-specific names

Katie Beckett and her parents - 1983



**History of the
Waiver Program
– Shaped by a
Movement**



Who Is Katie Beckett?

She is the child who inspired the waiver programs.

- At 5 months old she was confined to a hospital for almost three years due to contracting encephalitis and needing the aid of a ventilator to breathe for most of the day.
- After exhausting private insurance benefits, Medicaid picked up, but would only cover services within the hospital.
- Her parents wanted her home and the doctors agreed.
- Federal officials refused to make an exception, but Ronald Reagan was told about the family and he changed the Medicaid rules.
- Katie was able to go home and, despite the odds, lived to age 34 due in part to being able to live a pretty normal life at home.



The name waiver comes from the fact that the federal government "waives" Medical Assistance/Medicaid rules for institutional care to allow for states to use the same funds to provide these supports and services for people in their homes or in their own communities.

Birth of the Waiver Programs



LTSS/HCBS Services Include:

- Adaptive and assistive device services
- Adult day health
- Assisted living service
- Choices -home care attendant service
- Chore services
- Community transition service
- Emergency response service
- Enhanced community living
- Home care attendant
- Home delivered meals
- Home medical equipment and supplies
- Home modification, maintenance and repair
- Homemaker
- Independent living assistance
- Non Medical transportation
- Nursing service
- Nutritional consultation
- Personal care
- Pest control
- Respite
- Social work counseling

AmeriHealth Caritas VIP Care Plus also provides coverage for Nursing Home Custodial Room and Board service as needed for its members.

Identifying Patients with These Needs

If your office identifies a patient who is a member of AmeriHealth Caritas VIP Care Plus that you believe can benefit from these types of long term service and supports, please contact our Care Management Department at 1-866-263-9181.



Other Benefits

- Some waiver-like services can be offered as a supplemental benefit to non-waiver enrollees who have plan authorization.
- Free language service.
- If members are unable to reach their PCP office, registered nurses are available 24/7days to assist members through the Nurse toll-free Call Line:
 - AmeriHealth Caritas VIP Care Plus Nurse Call Line: 1- 855-843-1145.
 - Please encourage our members to take advantage of this option.

AmeriHealth Caritas VIP Care Plus will refer members to local resources for services that are not covered by AmeriHealth Caritas VIP Care Plus, such as supportive, affordable housing, and other social services that maximize community integration, as appropriate. Providers may contact AmeriHealth Caritas VIP Care Plus Provider Services at 1-888-667-0318 for assistance with coordination of non-covered services.

Non-covered Benefits / Services





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